

# The Children's Aid Society of the County of Simcoe

## Policy Statement on Physical Punishment

On December 16, 2003 members of the Board of Directors of the Children's Aid Society of the County of Simcoe took a bold and positive step, advocating for the children of our community.

They approved the following statement on physical punishment of children:

***Whereas the Mission of the CAS of the County of Simcoe is to:***

- *protect children and youth from maltreatment*
- *promote the well-being of children and youth*
- *strengthen families*
- *provide quality alternative care, when necessary*



***And whereas there is strong evidence that physical punishment places children at risk of:***



- *physical injury*
- *mental health problems*
- *impaired relationships with parents*
- *weaker internalization of moral values*
- *antisocial behaviour*
- *adult adjustment difficulties*
- *increased tolerance of violence in adulthood*

***The Society takes the position that physical punishment of children is harmful and inappropriate.***

***The Society supports the use of parenting practices that promote and model dignity, respect and self-discipline.***

In response and support of this statement, the enclosed information is being distributed to the people of Simcoe County offering ideas and alternatives to physical discipline. Included in the package is a list of other resources and contacts in the community that may be helpful.

**Here are some Community Resources that can give you more information on effective parenting and discipline:**

The Children’s Aid Society of the County of Simcoe 1-800-461-4236  
[www.simcoecas.com](http://www.simcoecas.com)

Simcoe Muskoka District Health Unit 705-721-7330  
[www.simcoehealth.org](http://www.simcoehealth.org)

Ontario Early Years 1-866-743-7818  
[www.ontarioearlyyears.ca](http://www.ontarioearlyyears.ca)

Simcoe County District School Board 705-728-7570  
[www.scdsb.on.ca](http://www.scdsb.on.ca)

Simcoe Muskoka Catholic District School Board 705-722-3555  
[www.smcdsb.on.ca](http://www.smcdsb.on.ca)

Parents Helpline (24 hours/day/7days/week) 1-888-603-9100  
[www.parenthelpline.ca](http://www.parenthelpline.ca)

Simcoe Community Services 705-726-9082  
[www.simcoecommunityservices.ca](http://www.simcoecommunityservices.ca)

Kinark Child and Family Services 1-888-454-6275  
[www.kinark.on.ca](http://www.kinark.on.ca)

New Path Youth and Family Services 705-725-7656  
[www.newpath.ca](http://www.newpath.ca)

Barrie Native Friendship Centre 705-721-7689

Georgian Bay Native Friendship Centre 705-526-5589

Enahtig Healing Lodge and Learning Centre 705-534-3724

Mobile Crisis Response Services for Children 705-728-5044  
 Youth in Crisis 1-888-893-8333

Kid’s Help Phone 1-800-668-6868

Family Physician \_\_\_\_\_

Local Library \_\_\_\_\_



## Suggested Books and Websites for more information on Discipline

*Kids are Worth It* - Barbara Coloroso

*How to Talk so Kids Will Listen and Listen so Kids Will Talk* - Adele Faber and Elaine Mazlish

*Now I Know Why Tigers Eat Their Young: How to Survive Your Teenagers with Humour* - Dr. Peter Marshall

Statistics Canada Website at [www.statcan.ca](http://www.statcan.ca) and in the search line type “*child discipline*” for a list of current articles.

[www.neverhitachild.org](http://www.neverhitachild.org) - see other links from this website.

[www.familyresource.com](http://www.familyresource.com)

[www.positiveparenting.com](http://www.positiveparenting.com)

[www.nospank.net](http://www.nospank.net)

